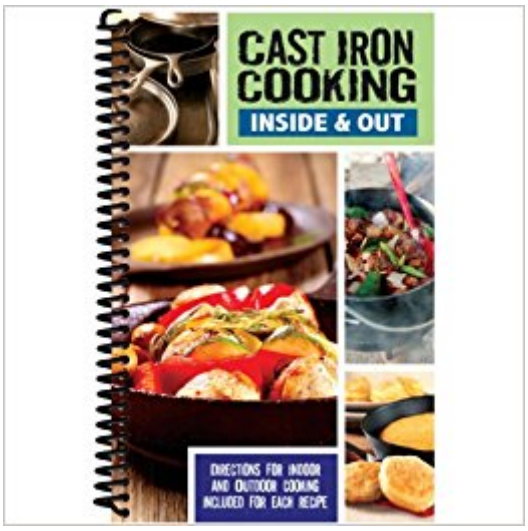
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Cast Iron Cooking Inside & Out



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Synopsis

Directions for Indoor & Outdoor Cooking Included for Each Recipe Rediscover what our grandparents knew all along: cast iron cookware produces mouthwatering food that practically slides out of the pan. Cast iron skillets, Dutch ovens and griddles are so durable, they can be passed down through generations of cooks. Versatile enough to go from stovetop to oven, cast iron is also great for use on grills and over campfires and clean-up is a breeze. Use a Dutch oven in your kitchen or over hot coals to bake breads and desserts, simmer soups or roast tender meats and vegetables. Start skillet meals on your stovetop and finish cooking them in the oven, or heat up the griddle to cook a quick and easy breakfast. Great for any camp enthusiast, the recipes in this book include instructions for both indoor and outdoor cooking methods to help you take advantage of cast iron s versatility. Now you can expect delicious food no matter where or how you re cooking. SautÃƒÂ©, simmer or bake your way to a delicious meal, inside or out.

Book Information

Age Range: 10 and up

Spiral-bound: 128 pages

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Average Customer Review: 4.3 out of 5 stars 138 customer reviews

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Customer Reviews

This cookbook is exactly what I have searched for and a such a low price, I am so impressed with this book, Below, I state all of the Pros that I found in this wonderful cookbook:1) The first part of this book has cooking tips and how to season cast iron, how to clean cast iron, dry cast iron and even how to store cast iron. These were things that I had forgotten over the years of not cooking in cast iron. (I recently bought some Lodge Cast Iron skillets and a Lodge Dutch Oven and wanted to begin my new cooking adventure).2) Recipes - The recipes cover recipes for cooking INSIDE and also

OUTSIDE over a campfire or grill. The recipes I have tried and are very easy to make with regular ingredients found in regular grocery stores. In fact, most of the recipes, I already had all of the ingredients and did not have to run to the store to purchase extra ingredients just for the recipe!**My favorite recipes are Old-Fashioned Pork Roast. I cooked this inside in my Lodge 10" Dutch Oven. Since this recipe is for 8 servings, I cut it in half for 4 servings (for two people). The recipe even states how to make a gravy in the Dutch Oven and it is so so great!This is also a great camping recipe as well using a Dutch Oven.Other favorite recipe is Cheesy Potatoes and Ham - I made the full recipe for 5 servings and the two of us ate it all! It was that tasty! I just added a green salad to round out the meal and this was a very filling and delicious meal!3) Each recipe has a picture of what type of iron ware to use as a Dutch Oven 10 inch, Frying Pan 10 inch and more! The camping out (cook it outside recipes) tell you how many coals to use.Also each recipe tell you how many servings it will make.4) Dutch Oven recipes - This book has recipes for both the 10 inch and the larger 12 inch Dutch Ovens. This I was so happy to discover as I like to use my 10 inch Dutch Oven often! Also, in the recipes for the larger 12 inch one, I cut the recipe in one half because I am cooking for two people and do not have a 12 inch Dutch Oven, the 10 inch one works great when I cut the recipe.5) Spiral Bound - Since I love to lay my cookbooks flat on my kitchen counter while I am cooking, this one is perfect! **Also the outside cover is plenty thick and has a clear coating and it wipes clean!6) Easy to follow recipes for cooking indoors or outdoors!This FANTASTIC COOKBOOK I rate a FULL 5 stars because it is the BEST CAST IRON cookbook I have found and the recipes in this book are the best I have found!Highly recommend this cookbook - I love mine!

I have cooked with cast iron since the 1950’s but never had so much useful information in one handy book. No longer do I have to try to remember cast iron cooking "tricks" that I picked up over the years - most, if not all, of those "tricks" are in this book. A "must buy" for the novice and a "good buy" for everyone else.

This book is a very nice introduction to cast iron cooking for any cook, beside you may use recipes inside and out.

Love this book!! Made the cheesy ham and potatoes this past weekend with sweet potatoes instead and it was so awesome!!1 Cant wait to try more.

nice recipes - gave book to daughter along with cast iron skillet - but I sneaked a look and copied a

couple of recipes before wrapping it

Charming little recipe book with some care tips on cast iron. Good for cooking both outdoors and indoors.

This is a Great Cooking Book !!!! A must have book if you Own Any Cast Iron Products !!!

I've been around 65 years. Used cast iron on my life. My daughter who I bought this for has never used it. This book went with the Dutch oven I bought her. I looked through it and it's a great little book. Basics of what you need for care cleaning and recipes. For the money you can't beat it.

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